

# Children's Grief: An Open Letter to Adults

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“Our approach with grieving children is so compelling, it is featured in *Chicken Soup for the Soul*.”

To Whom It May Concern:

Grief is always difficult. When you are a child, it becomes even more so. At times, the grief of children is overlooked, because they may appear to be “moving on” or “doing fine”. Unfortunately, children do grieve, although not in ways that adults do. Children have been referred to as “silent mourners”, in that their grief can go undetected. Unbeknownst to many adults, children often grieve alone. No longer does this have to be the case.

At Kidlutions, we know that children's grief can be managed and woven into the fabric of their lives. We can help. Because it's important that kids get on with the business of being a kid, while honoring the loss they have experienced.

Our interactive KidTalk™ Cards: Grief Relief provide a safe and comforting way for children to process their grief with a loving adult or caregiver. Each KidTalk™ Card is designed to assist children in processing his or her grief through a question, activity or statement.

KidTalk™ Cards: Grief Relief and "How Long Does the Sad Last: A Workbook for Children" are something special:

- Designed by an award winning child and family therapist who is a past hospice social worker and administrator, and successful grant recipient for school-based grief programming.
- Well thought out and research-based questions to get to the heart of the matter with grieving children.
- A safe and nurturing way to open up difficult discussions with children
- Suitable for children ages 4-12 (and even older)



- Costs less than the price of an insurance co-pay, or a couple of specialty coffees
- Provides questions that can be used over and over again, across time, as a child grows
- Provides starting points for deeper discussions and thoughtful reflection

We hope that you will give a grieving child the opportunity to move through their grief in meaningful and healthy manner.

Best~

Wendy